

Langley Community Network

This directory has been created by the Langley Community Network; a group of likeminded residents, groups and organisations of Langley who want to support the local community. This directory has been created to make it easier for local people to find the information, activity or group they are looking for - there's a lot happening in Langley!

Activity key

This key has been created to make it easier to find what you are looking for.



HEALTH AND
WELLBEING



FAMILY



SOCIAL



YOUNG
PEOPLE



FAITH



LEARNING



INFORMATION
AND ADVICE

Monday

KEY	Time	Activity	Cost	Venue	Organiser & contact
	9:30-11:30am	Jellibears – Parent & toddlers group <i>Toys, craft activity and song time</i>	50p adult 50p child	St. Marys Church	Rev. Robin Grayson Tel: 01753 542068 Email: r.i.grayson@btinternet.com
	11-11:30am	Music time <i>Join in for interactive rhymes and songs for children</i>	Free	Langley Library	01753 542153
	11-12pm	Seated Exercise <i>Gentle exercise and relaxation</i>	£1.50	Langley Community Association	Daphne Wright Tel: 01753 584294 http://newlangleycommunityassociation.btck.co.uk
	12:30-3pm	Knit & Natter <i>Learn to knit and have a chat!</i>	Free	Langley Community Association	Daphne Wright Tel: 01753 584294 http://newlangleycommunityassociation.btck.co.uk
	2pm (3 rd Monday of the month)	Mothers Union <i>Open to both men and women Speakers and charity support</i>	£25 per year	St. Marys Church Centre	Christine Beynon Tel: 01753 541732
	2 nd Monday of the month	Blind Club <i>Friendship for the visually impaired</i>	Free	Guide Hall, Kederminster Park	Ruby Trotter Tel: 01753 811955
	12:30-2:30pm	Bring and Share lunch <i>Bring some lunch and have a chat!</i>	Free	Langley Free Church	Langley Free Church Tel: 01753 540771 www.langleyfree.org.uk
	1-2:30pm	Singing for Pleasure – Alzheimer's Dementia Support <i>Singing for people with Dementia and their carers</i>	Free	St. Josephs room, Holy Family Church	Terrie Hall Tel: 07516165647 Email: terrie.hall@alzheimersdementiasupport.co.uk www.alzheimersdementiasupport.co.uk
	6-7pm	Sports 4 Kids <i>Football for 8-10 year olds</i>	£33.75 per month	Langley Academy	Mark Gould Tel: 0845 052 1347 Email: mark.gould@sport4kids.biz
	7-8:30pm	Kick boxing <i>Exercise through Martial Arts for children over 10 years old & adults</i>	£40 per month	Langley Academy	Fitzroy Connor Tel: 07716125815 Email: fitzroy@genesis-ma.co.uk
	6:30-8:30pm	Kickboxing	Contact for details	Horsemoor Green Community Centre, Common Road	Slough Mencap Tel: 01753 594666
	7-9pm	Khidma Community Trust <i>Islamic classes exploring some of the social issues faced by the community of Slough</i>	£3	Langley Academy	Zede Tel: 07956 971633 Email: zede_gayyum@yahoo.co.uk www.khidma.org.uk

Tuesday

KEY	Time	Activity	Cost	Venue	Organiser & contact
	9:30-1pm 2-5:30pm	My Council <i>Slough Borough Council customer services</i>	Free	Langley Library	01753 542153
	9:30-11:30am	Parent & toddler group	Free	Holy Family Church	Holy Family Catholic Church Tel: 01753 543770 Email: holyfamilylangley@yahoo.co.uk www.holyfamily.co.uk
	9:30-11:30am	Parent & toddler group	£1 (free for Radian Housing Association residents)	Byron House, Common Road	Cathy Cramman Tel: 07923515260
	10-11:30am	Community Coffee Shop <i>Coffee morning - all welcome</i>	Donation	Langley Library	Sheila Papali Tel: 01753 541165
	10-11am	Coffee morning <i>Drop-in for a coffee and a chat!</i>	Donation	Redwood House Cheviot Road	Helen Havers Tel: 01753 597308 / 07455187481
	10:30-12:30pm	Foodbank <i>Helping local people in crisis</i>	Voucher	Langley Community Association	Tel: 01753 550303 Email: office@slough.foodbank.org.uk https://slough.foodbank.org.uk
	10:30-12:30pm	60+ free swim <i>A free session for the over 60s with exclusive use of half the main pool.</i>	Free	Langley Leisure Centre	01753 478666
	10:30-11:45am	Yoga <i>Light exercise for 50+</i>	£4.50	St. Francis Church	Age UK Tel: 0118 959 4242 Email: info@ageukberkshire.org.uk
	1-3pm	Bingo <i>Meet with friends and try your luck!</i>	Donation / pay per book	Langley Community Association	Daphne Wright Tel: 01753 584294 http://newlangleycommunityassociation.btck.co.uk
	1-2:30pm (1 st & 3 rd Tuesday of the month)	Alzheimer's Dementia Support Drop-in <i>Informal drop-in for people with Dementia and their carers to catch up with friends and access information and advice</i>	Free	St. Josephs room, Holy Family Church	Terrie Hall Tel: 07516165647 Email: terrie.hall@alzheimersdementiasupport.co.uk www.alzheimersdementiasupport.co.uk
	1-2pm	Tai Chi <i>Light exercise for 50+</i>	£3.50	St. Marys Church	Age UK Tel: 0118 959 4242 Email: info@ageukberkshire.org.uk

	1-4pm	Job Club <i>Information and advice on searching and applying for jobs. 1 to 1 appointments only.</i>	Free	Langley Library	01753 476611
	2pm (2 nd & 4 th Tuesday of the month)	Needles and a Yarn <i>Bring a project, learn a new skill and have a chat!</i>	Free	Christ the Worker Church	Christ the Worker Tel: 01753 543770 www.langleymarish.com/c-t-w
	2-2:30pm (term time only)	Stories and colouring <i>Drop in for stories and colouring sessions</i>	Free	Langley Library	01753 542153
	7:30-9pm	Youth Club <i>Activities and discussion for 11-18 year olds</i>	70p	Langley Free Church	Langley Free Church Tel: 01753 540771 Email: youthclub@langleyfree.org.uk www.langleyfree.org.uk

Wednesday

KEY	Time	Activity	Cost	Venue	Organiser & contact
	9:30-1pm 2-5pm	My Council <i>Slough Borough Council customer services</i>	Free	Langley Library	01753 542153
	10-10:45am	Childminders group <i>A session for childminders to bring children to do colouring</i>	Free	Langley Library	01753 542153
	9-11am	Toddler group <i>Children 0-5 years old. Come and meet with other while your children play!</i>	£1 per adult	Langley Free Church	Langley Free Church Tel: 01753 540771 www.langleyfree.org.uk
	10-12pm	Art Class <i>art classes for adults suitable for beginners and the more experienced painter</i>	£72-£84 for 6 weeks	St. Marys Church hall	Isabel Hunt Tel: 07411125407 / 01753 542209. Email: isabelhuntart@gmail.com
	10am	Healthy Walk – Grand Union Canal <i>An accessible, sociable walk open to all abilities</i>	Free	Meet in the Red Lion carpark, St Mary's Rd	Active Slough Tel: 01753 875177 Email: jack.steadman@slough.gov.uk
	12-1pm	Singing <i>Sing for fun for 50+</i>	£3	St. Francis Church	Alison Woods Tel: 07786656722
	12:30-3pm	Games <i>Games and fun with friends</i>	Free	Langley Community Association	Daphne Wright Tel: 01753 584294 http://newlangleycommunityassociation.btck.co.uk

	2-2:30pm (Term time only)	Tots time <i>Join in for interactive rhymes, songs and stories for under 2's</i>	Free	Langley Library	01753 542153
	2-3:15pm	Oasis <i>Social time of fellowship & guest speakers</i>	Free	Langley Free Church	Langley Free Church Tel: 01753 540771 www.langleyfree.org.uk
	2-2:45pm	Toddlers Service <i>story, craft, songs, prayers for pre-school children</i>	Donation	St. Marys Church	Rev. Robin Grayson Tel: 01753 542068 Email: r.i.grayson@btinternet.com
	5-7pm	Youth Café <i>A safe place to chill, meet friends and enjoy free snacks / hot and cold drinks</i>	Free	Langley Guides Headquarters, Reddington Drive	YES Slough Tel: 01753 574780 Email: info@yesslough.org.uk www.yesslough.com
	6-7pm	AP Football4Fun <i>Football group for boys and girls aged 5-13, all abilities welcome</i>	£5 per week (£40 for 10 weeks)	Langley Academy	Alan Paris Tel: 07956 580258 Email: alanparis_6@hotmail.com
	7-8:30pm	Kick boxing <i>Exercise through Martial Arts for children over 14 years old & adults</i>	£40 per month	Langley Academy	Fitzroy Connor Tel: 07716125815 Email: fitzroy@genesis-ma.co.uk
	7-9pm	Social Club <i>Social club for adults with learning disabilities and their carers</i>	Contact for details	Horsemoor Green Community Centre, Common Road	Slough Mencap Tel: 01753 594666

Thursday

KEY	Time	Activity	Cost	Venue	Organiser & contact
	9:30-1pm 2-5pm	My Council <i>Slough Borough Council customer services</i>	Free	Langley Library	01753 542153
	9-2pm	Langley Lunch Club <i>Social and lunch club for older people</i>		Langley Free Church	Age Concern Denise Barrett Tel: 0774 2090 444
		10-11am Line Dancing	£5		
		12:15pm Lunch	£6		
		1-2pm Bingo	Free		
	19:30-12:30pm (alternate Thursdays)	Games <i>Table tennis, Darts, Scrabble & Bridge</i>	Contact for details	Horsemoor Green Community Centre, Common Road	Slough Mencap Tel: 01753 594666
	12-2pm	Lunch Club <i>Social and lunch club</i>	£6	Langley Community Association	Daphne Wright Tel: 01753 584294 http://newlangleycommunityassociation.btck.co.uk
	2-4pm	Social Club <i>Activities and games</i>	£2.50	Langley Community Association	Daphne Wright Tel: 01753 584294 http://newlangleycommunityassociation.btck.co.uk
	1:30pm (3 rd Thursday of the month)	Refresh <i>Social session including hymns, prayers and refreshments</i>	Free	St. Francis Church	St. Francis Church Tel: 01753 676011 www.langleymarish.com/stfrancis
	3:15-5:30pm	The J Club <i>After school club for 4-11 year olds</i>	50p	Langley Free Church	Langley Free Church Tel: 01753 540771 www.langleyfree.org.uk
	5-7pm	Art Class <i>art classes for 9+ year olds & adults suitable for beginners experienced painters</i>	£72-£84 for 6 weeks	St. Marys Church hall	Isabel Hunt Tel: 07411125407 / 01753 542209. Email: isabelhuntart@gmail.com
	7-8pm	Ladies fitness course <i>6 week fitness course for ladies of all abilities</i>	£30 for 6 weeks	Langley Grammar School, Reddington Drive, SL3 7QS	Fitzroy Connor Tel: 07716125815 Email: fitzroy@genesis-ma.co.uk
	7-9pm	Social Club <i>Social club for older adults with learning disabilities and their carers</i>	Contact for details	Horsemoor Green Community Centre, Common Road	Slough Mencap Tel: 01753 594666
	7:30-9:30pm	Calstock House craft club <i>Bring along a project or learn a new craft</i>	Free	Calstock House, Tamar Way, SL3 8TA	Angela Thomas Tel: 07989976130 Email: angelaphomas@aol.com

Friday					
KEY	Time	Activity	Cost	Venue	Organiser & contact
	9:30-1pm 2-5:30pm	My Council <i>Slough Borough Council customer services</i>	Free	Langley Library	01753 542153
	9:45-11:15am (term time only)	Mums & tots <i>Toys, activities and Bible story</i>	£1	St. Francis Church	St. Francis Church Tel: 01753 55815 www.langleymarish.com/stfrancis
	9-2pm	Langley Lunch Club <i>Social and lunch club for older people</i>		Langley Free Church	Age Concern Denise Barrett Tel: 0774 2090 444
		11-12pm Exercise class	£5		
		12:15pm Lunch served	£6		
		1-2pm Bingo	Free		
	10-12pm	Art Class <i>Art classes for adults suitable for beginners and the more experienced painter</i>	£84 for 6 weeks / £163 per term	St. Marys Church hall	Isabel Hunt Tel: 07411125407 / 01753 542209. Email: isabelhuntart@gmail.com
	11-11:30am	Music time <i>Join in for interactive rhymes and songs for children</i>	Free	Langley Library	01753 542153
	11-12pm	Exercise Class <i>Exercise class aimed at the over 55s</i>	£5	Langley Free Church	Age Concern Lorraine Hillis Tel: 0774 2090 444
	11:30-1pm	Fish and Chips <i>Join us for a fish and chips lunch</i>	Various	Redwood House Cheviot Road	Helen Havers Tel: 01753 597308 / 07455187481
	12:30-2pm	Friday Prayers	Donation	Langley Community Association	Mr Ali Tel: 07940 9465827
	2:30-3:30pm (3 rd Friday of the month)	Fiona McTaggart MP surgery	Free	Langley Library	01753 542153
	4:30-5:30pm (Last Friday of the month)	Langley Kedermister Ward surgery Councillors: Preston Brooker Michael Holledge Mandeep Rana	Free	Langley Library	01753 542153

	5-7pm	Art Class <i>art classes for 9-17 year olds suitable for beginners and the more experienced painter</i>	£72 for 6 weeks / £139 per term	St. Marys Church hall	Isabel Hunt Tel: 07411125407 / 01753 542209. Email: isabelhuntart@gmail.com
	6-7pm	Sports 4 Kids <i>Football for 7-9 year olds.</i>	£33.75 per month	Langley Academy	Mark Gould Tel: 0845 052 1347 Email: mark.gould@sport4kids.biz
	6:30-8:30pm	Islam Hood UK <i>Muslim faith sessions</i>	Various	Langley Academy	Annisia Tel: 07794911843 Email: info@islamhood.org www.islamhood.org
	7:15-8:45pm	Multi-sports <i>Sports for 14-25 year olds</i>	Free	Langley Pavilion Langley Road, SL3 8BS	Lisa Brades Tel: 0208 8251709 Email: Lisa.brades@a2dominion.co.uk

Saturday

KEY	Time	Activity	Cost	Venue	Organiser & contact
	9-1pm	Ballet & Tap School <i>Ballet & Tap lessons for Children and young people</i>	Contact for details	Horsemoor Green Community Centre, Common Road	Slough Mencap Tel: 01753 594666
	10-11am (4 th Saturday of the month)	Ward surgery Foxborough Ward Labour Cllr Madhuri Bedi	Free	Langley Health Centre Common Rd, SL3 8LE	Cllr Madhuri Bedi Tel: 07980493314 https://m.facebook.com/FoxboroughWard
	10-12pm	Islam Hood UK <i>Arabic Unlocked – understanding and decoding classical Arabic</i>	Various	Langley Academy	Annisia Tel: 07794911843 Email: info@islamhood.org Website: www.islamhood.org
	10-12pm (term time only)	Computer basics <i>An introduction to using a computer</i>	Free	Langley Library	01753 542153

	10-12pm	Art Class <i>art classes for 9+ year olds and adults suitable for beginners and the more experienced painter</i>	£72-£84 for 6 weeks	St. Marys Church hall	Isabel Hunt Tel: 07411125407 / 01753 542209. Email: isabelhuntart@gmail.com
	10-12:30pm	Slough Weekend Islamic School (SWIS) <i>Islamic tuition classes for the local children in slough</i>	£10 registration £3 per week	Langley Academy	Amar Mirza Tel: 07957 317283 Email: amarmirza@blueyonder.co.uk
	10-12:30pm	Ad Astra Ltd <i>classroom and private tuition</i>	Various	Langley Academy	Zayn Tel: 01753 525055 Email: z.musa@adastratuition.co.uk
	10-1pm	Maths tutoring <i>Up to A Level</i>	Various	Langley Community Association	John or Steven Tel: 07474767707 / 07446387060
	12:30-2:30pm (term time only)	Computer basics <i>An introduction to using a computer (repeat of AM session)</i>	Free	Langley Library	01753 542153
	1-2pm	Word of Life Church <i>Christian faith group</i>	Free	Langley Academy	Nick Dube Tel: 01372 723259 Email: nonhlidube@yahoo.com
	1:30-2:30pm	Stories and crafts <i>Fun with stories and crafts for children</i>	Free	Langley Library	01753 542153
	2-5pm (3 rd Saturday of the month)	Craft afternoon <i>Bring along a craft activity or learn something new, chat with friends and enjoy refreshments!</i>	£1	Langley Free Church	Langley Free Church Tel: 01753 540771 www.langleyfree.org.uk
	2-4:30pm	Irene Sauer Tutoring Classes <i>Tutoring with a focus on 11+</i>	Various	Langley Academy	Irene Sauer Tel: 01753 541142 Email: irnsauer@aol.com

Sunday

KEY	Time	Activity	Cost	Venue	Organiser & contact
	9-2:30pm	Word of Life Church <i>Christian faith group</i>	Free	Langley Academy	Nick Dube Tel: 01372 723259 Email: nonhlidube@yahoo.com
	10:30-12pm	Morning service & Sunday school <i>Baptist Union church service for all.</i>	Free	Langley Free Church	Langley Free Church Tel: 01753 540771 www.langleyfree.org.uk
	9:30am (1-3 rd & 5 th Sunday of the month)	Holy Communion service & Sunday school	Free	St. Francis Church	St. Francis Church, London Road Tel: 01753 557150 www.langleymarish.com/stfrancis
	11am (4 th Sunday of the month)	All-age church service <i>Church of England services for all</i>			
	8am	Holy Communion <i>Church of England</i>	Free	St Marys Church	Rev. Robin Grayson Tel: 01753 542068 Email: r.j.grayson@btinternet.com
	9:30am (3 rd Sunday of the month)	Family Worship <i>Short and lively service aimed at families</i>			
	11am	Family Communion & Sunday Club and Crèche			
	6:30pm	Evening prayer			
	9:30am (2 nd & 4 th Sunday of the month)	Holy Communion <i>Church of England formal service</i>	Free	Christ the Worker Church	Christ the Worker Church Reverend Colin Hartley Tel: 01753 596722 Email: rev.hartley@btinternet.com
	11am (1 st & 3 rd Sunday of the month)	Morning worship <i>Church of England informal service</i>			
	9:30 am 11:15 am 6:30 pm	Mass <i>Catholic family services</i>	Free	Holy Family Church	Holy Family Church Tel: 01753543770

More information

Many organisations change and update their groups and activities regularly.

You can find out more up-to-date information from the following organisations by visiting their websites:

Langley Leisure Centre

www.synergyclubs.co.uk

Langley Leisure Centre offers a variety of group exercise classes including classes for those just starting out or recovering from illness or injury.

Langley Library

<https://slough.spydus.co.uk/Events>

Langley Library hosts a variety of courses for adults.

Romsey Close Children's Centre

<http://servicesguide.slough.gov.uk>

Offers a wide range of services for children under the age of 5. The activities programme includes fun activities for families, informative workshops for parents, a wide range of health services, speech and language groups, information and advice sessions as well as adult education courses.

Monday - Friday 8am - 6pm.

Tel: 01753 540797

Email: romseyclose.childrenscentre@slough.gov.uk

Langley Academy

www.langleyacademy.schoolbookings.co.uk/whats-on

Langley Academy host a variety of activities for the whole family.

Around Langley – community magazine

<http://langleymarish.com/around-langley>

This local magazine produced by the Churches promotes the different community activities going on in the area.

Get Active Slough

www.slough.gov.uk/leisure-parks-and-events/get-active

Get Active provides a huge variety of health and wellbeing activities across Slough, including Langley.

Langley Neighbourhood Forum

www.langleyforum.org

Langley Neighbourhood Forum brings residents together to discuss local issues.

Venues

The addresses for the main venues are listed below:

Langley Library

Trelawney Ave,
Slough
SL3 7UF

Langley Community Association

27 Harrow Road,
Slough
SL3 8SH

Langley Academy

Langley Rd,
Slough
SL3 7EF

Langley Leisure Centre

Parlaunt Rd,
Slough
SL3 8BA

Christ the Worker Church

Parlaunt Road,
Slough
SL3 8BD

St Francis Church

London Road,
Slough
SL3 7LN

St. Mary's Church

St Mary's Rd,
Slough
SL3 7EN

Holy Family Church

226 Trelawney Ave,
Slough
SL3 7UD

Langley Free Church

100 Trelawney Ave,
Slough
SL3 8RW

Romsey Close Children's Centre

Marish Primary School,
Romsey Close,
Slough
SL3 8PE

Horsemoor Green Community Centre

Common Road
Slough
SL3 8JU

For more information, to make any changes or to include another group or activity in the next issue of the Langley Community Network directory please contact Angela Thomas:

Email: langleycommunitynetwork@gmail.com

Telephone: 07989976130

This issue was correct at the time of printing March 2017.